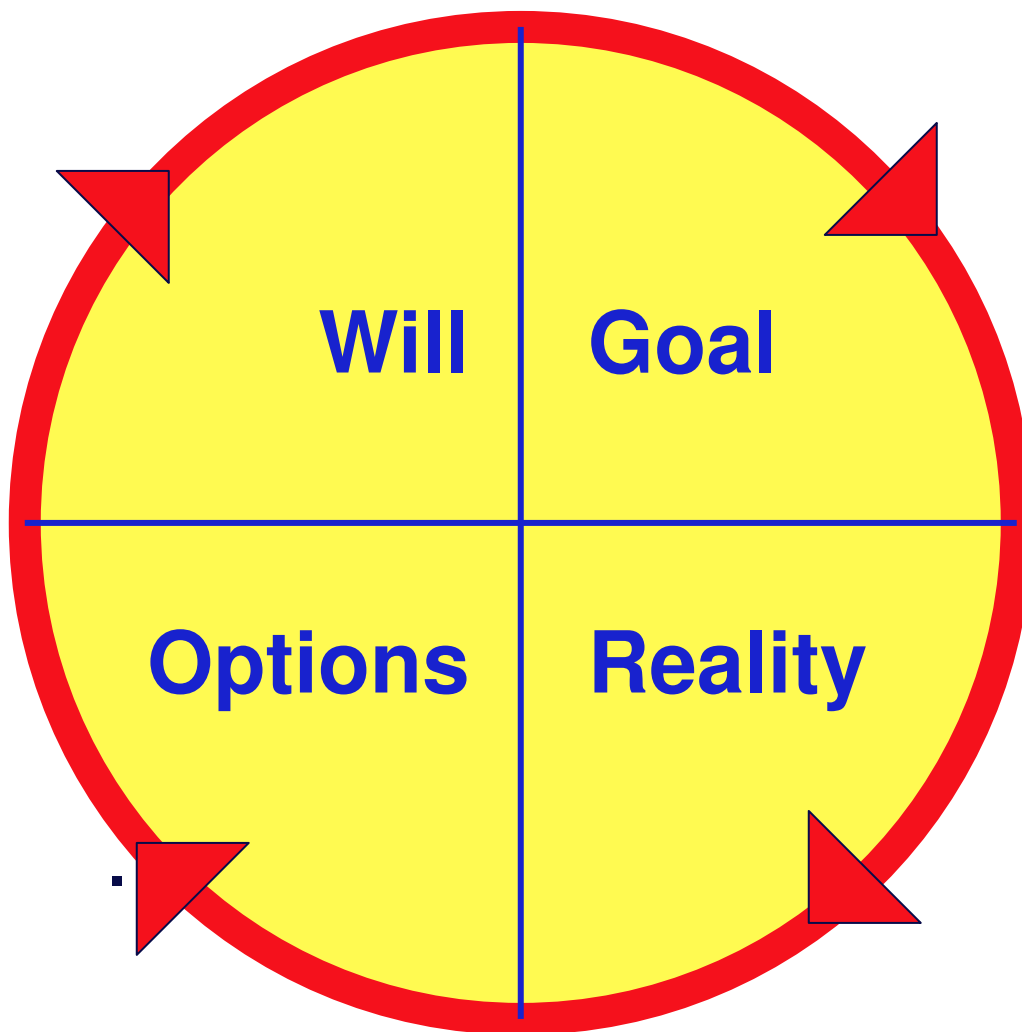


The Coaching Process



Goal What is our Goal?
What do you need to talk about today?
What's a good outcome of our time together?
Here's a couple of items I'd like to talk about...

Reality What's your reality?
Tell me more about...
What's going on?
What's been challenging?
How has that been challenging? Why? Why? Why?

Options Let's explore some options...
What are some possible ways forward?
What has worked before?

Will What will you do?
What can I hold you accountable for?
What would you like me to ask you about next time?
What are you going to act on from our time together today?